

Two-Day Course in Chicago, Illinois • June 26-27, 2009

## Course Summary

This two-day workshop is designed to provide an understanding of how to effectively apply sensory diets with individuals of all ages with sensory processing disorders. This course will demonstrate strategies to facilitate the design of sensory supportive classrooms, home, and community environments. Objectives are aimed at developing an understanding of the vestibular system, postural integration, proprioception, dynamics of breath, rough and tumble play, and using sound as a tool. This practical, hands-on workshop will immediately support and reinforce successful application of these concepts in clinical practice to clients with sensory modulation disorders. This course provides 12 contact hours or 1.2 AOTA CEUs.



## Instructors

This course will be taught by Sheila Frick, OTR and Julia Wilbarger, Ph.D., OTR

Sheila is an internationally esteemed clinician, lecturer, and pioneer in Occupational Therapy. She has over 20 years of clinical experience, having worked in psychiatry, rehabilitation, and home health before specializing in pediatrics. Her expertise includes sensory processing dysfunction, sensory integration, and auditory interventions. She created and continues to expand Therapeutic Listening, which she has taught to over 5,000 therapists worldwide. She also lectures on such topics as clinical neurology, respiration, the vestibular/auditory system, and various auditory interventions. She is the creator and author of *Listening With the Whole Body: Clinical Concepts and Treatment Guidelines for Therapeutic Listening*, and co-author of *Core Concepts in Action*, *Astronaut Training*, *Out of the Mouths of Babes*, and *M.O.R.E: Integrating the Mouth with Sensory & Postural Functions*.

Julia has worked as an Occupational Therapist in early intervention with high risk and developmentally delayed infants and toddlers, and in private practice and the public schools with a focus on children with learning, developmental and sensory integrative disorders. She has also developed community based and transitional programs for children with a variety of disorders and conditions. The aim of her research is to understand the underlying neuropsychological processes that influence how people with neurodevelopmental disorders respond to the sensory and affective dimensions of the environment. Her research incorporates the collection of both psychophysiological and neuropsychological data. A further area of interest is to develop means to bridge the gap between Occupational Therapy researchers and Occupational Therapy practitioners to document the effects of treatment.

## Course Schedule

### June 26

8:15 Check-in begins  
8:30 Overview of sensory processing and sensory diets  
10:30 Break  
10:45 Vestibular system  
12:15 Lunch (on your own)  
1:15 Posture/Proprioception  
3:00 Break  
3:15 Case studies  
4:30 End

### June 27


8:30 Dynamics of breath  
10:30 Break  
10:45 Sound as a tool  
12:15 Lunch (on your own)  
1:15 Case studies  
3:00 Break  
3:15 Case studies (continued)  
4:00 Closing questions  
4:30 End



# Creating Effective Performance, Precision, and Power in Treatment and Sensory Diets

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### Register Today!

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### Registration Fee:

- Add \$15 processing fee for purchase order without payment
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For groups of 3 or more registering simultaneously, each participant may take an additional discount of \$25.

Participant Name (to appear on certificate/CEU documentation)

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Workshop is at capacity.  
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### Profession:

- Occupational Therapy       Physical Therapy
- Speech/Language             Other \_\_\_\_\_

How did you first hear about this workshop?

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## Cancellation Policy

Cancellations must be in writing and received by Vital Links two weeks prior to course; refund will not be granted after that date. Refund will be issued after course date (minus \$50 processing fee). You may transfer full registration to another Vital Links course if you notify us two weeks in advance of workshop you are cancelling. Vital Links reserves the right to cancel any course with due cause and refund in full. Participants purchasing non-refundable airfare tickets are encouraged to inquire as to course availability before final purchase. Registrant bears sole responsibility for transportation to course. Weather or transportation difficulties are not the responsibility of Vital Links, and failure of a chosen means of transportation is not grounds for registration fee refund when course is held.



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## Location & Accommodations

### Chicago Marriott Oak Brook

1401 West 22nd Street

Oak Brook, IL 60523

Phone: 630.573.8555

On-site parking is complimentary. Overnight accommodations are available at a rate of \$89 per night for a standard room if reservations are made by June 4, 2009. Call the hotel at 630.573.8555 or 800.228.9290 if you would like to reserve a room, and indicate you are with the Vital Links group to obtain this rate.

